

**Table 12.4: Presence and Severity of Pain in Hands or Wrists, Feet, and Lower Back During the Past Month (Percent)<sup>1,2</sup>**

Symptom <sup>3</sup>	Total (N=1002)	Age Group			Disability Level		
		65-74 (N=388)	75-84 (N=311)	85+ (N=303)	Moderate <sup>4</sup> (N=343)	ADL Difficulty	
						Receives No Help (N=478)	Receives Help (N=181)
<b>Hands or wrists<sup>5,6</sup></b>							
No pain reported	49.2	46.8	48.6	58.0	55.7	44.9	48.0
Mild pain (0-3)	14.0	13.4	15.3	12.3	12.2	18.1	6.3
Moderate pain (4-6)	21.9	24.4	20.0	19.6	18.6	23.1	25.3
Severe pain (7-10)	14.9	15.4	16.1	10.1	13.5	14.0	20.3
<b>Feet<sup>5,6</sup></b>							
No pain reported	58.2	56.9	56.0	67.9	63.6	55.2	55.5
Mild pain (0-3)	10.4	6.9	15.3	7.7	7.7	13.2	8.2
Moderate pain (4-6)	13.9	15.6	12.9	11.8	14.0	14.0	13.6
Severe pain (7-10)	17.4	20.6	15.7	12.6	14.6	17.6	22.8
<b>Lower back<sup>7,6</sup></b>							
No pain reported	57.8	54.2	56.6	71.4	66.8	51.0	57.9
Mild pain (0-3)	5.3	3.8	7.3	4.8	4.7	6.1	4.4
Moderate pain (4-6)	16.2	19.3	13.5	14.2	15.3	16.8	16.4
Severe pain (7-10)	20.7	22.7	22.6	9.7	13.2	26.1	21.2

(Women's Health and Aging Study, baseline interview, 1992-1995)

<sup>1</sup> All variables have less than 1% missing data. Results are based on non-missing data.

<sup>2</sup> Descriptive statistics are based on weighted data.

<sup>3</sup> Categories for each item may not add up to 100% due to rounding.

<sup>4</sup> No ADL difficulty; disabled in two or more domains (see Chapter 1).

<sup>5</sup> Have you had (this/any) pain in your . . . (during the past month)?

<sup>6</sup> Respondents who answered "Yes" to the question about pain were then asked "Please rate the average pain in your . . . during the past month by giving me a number from 0 to 10, where 0 is no pain and 10 is severe or excruciating pain, as bad as you can imagine."

<sup>7</sup> During the past year, have you had pain in your lower back on most days for at least one month?